Faith in Action

The Eucharistic celebration (Mass) encompasses all forms and expressions of prayer, and through it, we express, celebrate, and profess our faith. The readings, the songs, and the prayers of the Mass all come together to enrich and strengthen our faith. Within the Mass, we respond, "We proclaim your death, O Lord, and profess your resurrection until you come again" In this, we express our faith in the mystery of the past, the mystery of the present, and the mystery of the future.

Faith, as God's given gift, is meant to be shared, and when it is shared, it multiplies. The readings of today, in different ways, call us to reflect on this faith, God's given gift, which helps us to serve and trust Him. Our second reading this Sunday, the letter to the Hebrews, describes the enduring examples of the faith of Abraham (the father of our faith) and the power of faith, which is an affirmation of what the book of Wisdom in the first reading says about the patriarchs, "they put their faith" in God. The gospel reminds us that the act of faith is not only in beliefs but also in action by "Knowing and doing the master's will."

Every true faith must be living, conscious, and active. Faith shows itself in action. At the end of every Mass, we are commissioned to "Go," an invitation to go and live out the faith we have, expressed, professed, and celebrated. We are called to reflect and ask ourselves, what are the ways God calls us to put our faith in action? These words of St. James are a great invitation to all of us: "So also faith of itself, if it does not have works, is dead. Indeed, someone may say, 'You have faith, and I have works.' Demonstrate your faith to me without works, and I will demonstrate my faith to you from my works" (James 2:17-18). Amen!

Blessed Cyprain Iwene Tansi- Pray for us!