

# Nigerian Igbo Catholic Community, San Jose

## STATIONS of the CROSS

*2021 Lenten Season*



# OPENING PRAYER

## Opening Hymn

Osiso mmee na obi mwute, n'ogige Getsamani,  
Kowara anyi, ka njo anyi, si nyido mkpuruobi gi

*Dinwenu anyi Jesu Kristi, anyi biara n'iru gi  
Wee cheta afufu gi n'onwu  
K'iwe mere anyi ebere*

## Opening Prayer

O Jesus Christ, my Lord, with what great love did you pass over the painful road which led you to death; and I, how often have I abandoned you. But now I love you with my whole soul, and because I love you, I am sincerely sorry for having offended you. My Jesus, pardon me and permit me to accompany you in this journey. You are going to die for love of me, and it is my wish also, dearest Redeemer, to die for love of you. My Jesus, in your love I wish to live. In your love I wish to die. Amen.

*Hymn: All to Jesus I surrender; all to him I freely give; I will ever love and trust him, in his presence daily live. Chorus: I surrender!! (Base): I surrender all I surrender!! (Base): I surrender all) All to thee, my blessed Savior, I surrender all.*



## First Station: Jesus is condemned to death

**Leader:** We Adore You, O Christ, and Praise You

**All:** Because by Your Holy Cross You Have Redeemed the World

**Leader:** Recall how Jesus was scourged and crowned with thorns, and how He was then unjustly condemned by Pilate to die on the Cross.

**All:** Adorable Jesus, it was not Pilate; it was my own sins that condemned you to death. I pray you, by the merits of your sorrowful journey to Calvary, to assist my soul on its journey to eternity.

**Our Father | Hail Mary | Glory be the Father ...**

**Leader:** O Jesus Crucified for our sins

**All:** Have Mercy on us

May the souls of the faithful Departed through the mercy of God, rest in peace. Amen

**Ukwe:** *Ka Paillet juru, I bu onye Eze*

*Jesu zara ee, a bu m Onye Eze*

*Dinwenu anyi Jesu, na-achi eze n'enigwe, Eze nke ora nile Eze nke Eze*

## Second Station: Jesus carries His Cross



**Leader:** We Adore You, O Christ, and Praise You

**All:** Because by Your Holy Cross You Have Redeemed the World

**Leader:** Recall how the heavy Cross was laid upon Jesus' bruised shoulders. He accepts it meekly, even joyously, because by that Cross He wills to redeem the world.

**All:** O Jesus, by the merit of Your Cross, grant me the grace to accept meekly and cheerfully the difficulties in my life, that, by so doing, I may always be ready to take up my cross and follow You.

**Our Father | Hail Mary | Glory be the Father ...**

**Leader:** O Jesus Crucified for our sins

**All:** Have Mercy on us

May the souls of the faithful Departed through the mercy of God, rest in peace. Amen

**Ukwe:** *Chukwu nwwu uwa, Onyenwe uwa niile; Chukwu ga-ekpe Uwa niile ikpe.*

*Adam mere njo, Anyi na-ata ya uta, Ma anyi na-eme njo, Onye na-ata anyi uta?*



## Third Station: Jesus falls the first time

**Leader:** We Adore You, O Christ, and Praise You

**All:** Because by Your Holy Cross You Have Redeemed the World

**Leader:** Laboring under the weight of the Cross, Jesus slowly sets forth on the way to Calvary. His agony in the garden has exhausted His Body; He is sore with blows and wounds; His strength fails Him; He falls to the ground under the Cross.

**All:** It was for my sins, my Jesus, that You bore the heavy burden of Your Cross and fell under its weight. Let my remembrance of these sufferings make me careful, lest I fall into mortal sin.

**Our Father | Hail Mary | Glory be the Father ...**

**Leader:** O Jesus Crucified for our sins

**All:** Have Mercy on us

May the souls of the faithful Departed through the mercy of God, rest in peace. Amen

**Ukwe:** *Lee ma-nya Leem anya na-mkpuru obi : A tu-kwasaram Gi obi, Chineke, A-tu-kwasaram Gi obi oge ni-le. Oge nile m no n'uwa O Chineke.*

## Fourth Station: Jesus meets his mother



**Leader:** We Adore You, O Christ, and Praise You

**All:** Because by Your Holy Cross You Have Redeemed the World

**Leader:** Recall the meeting between Son and Mother on the way to Calvary. How oppressive that experience must have been for both of them! What a sword of anguish must have pierced Mary's maternal heart!

**All:** My Jesus, by the compassion which You felt for Your Mother, have compassion on me, and permit me to share in her intercession with You. O Mary, afflicted Mother, intercede for me with your Son, that by His sufferings I may be saved from the wrath which is to come.

**Our Father | Hail Mary | Glory be the Father ...**

**Leader:** O Jesus Crucified for our sins

**All:** Have Mercy on us

May the souls of the faithful Departed through the mercy of God, rest in peace. Amen

**Ukwe:** *Maria di aso yobala Anyi, K'anyi we fu Jesu n'anya n'ebe okolu na enu obe.*



## Fifth Station: Simon of Cyrene helps Jesus to carry His cross

**Leader:** We Adore You, O Christ, and Praise You

**All:** Because by Your Holy Cross You Have Redeemed the World

**Leader:** Recall how, as Jesus' strength continued to fail, He became unable to go on; and how the soldiers then seized Simon of Cyrene and forced him to help Jesus carry His Cross.

**All:** O Lord Jesus, let me also bear Your Cross; let me glory in nothing else. Let the temptations of this world be crucified to me, and I to them. Let me not shrink from suffering; let me rather rejoice to be counted worthy of suffering for Your Name's sake.

**Our Father | Hail Mary | Glory be the Father ...**

**Leader:** O Jesus Crucified for our sins

**All:** Have Mercy on us

May the souls of the faithful Departed through the mercy of God, rest in peace. Amen

**Hymn:** *it's not an easy road, we are traveling to heaven, for many are the thorns on the way. It's not an easy road, but Savior is with us; His presence gives us joy everyday.*



## Sixth Station: Veronica wipes the face of Jesus

**Leader:** We Adore You, O Christ, and Praise You

**All:** Because by Your Holy Cross You Have Redeemed the World

**Leader:** Recall how Veronica, seeing Jesus so afflicted, His face soiled with sweat and blood, wiped His face with towel,, and left imprinted on the cloth the image of His Divine Countenance

**All:** O Jesus, may the remembrance of Your suffering move me to hatred for my sins; may it stir up in me a more fervent love for You. Let the image of Your Countenance be impressed upon my mind, until I am made over in Your likeness

**Our Father | Hail Mary | Glory be the Father ...**

**Leader:** O Jesus Crucified for our sins

**All:** Have Mercy on us

May the souls of the faithful Departed through the mercy of God, rest in peace. Amen

**Ukwe:** Jesu ncheta I na-asoka; Bu anuri ndi no n'uwa; Ma mgbe Jesu ji kwudebe; Nya bu ihe kasi ihe ihe nile. Jesu ncheta I asoka, Jesu ncheta I asoka, Jesu ncheta I asoka.





## Seventh Station: Jesus falls the Second Time

**Leader:** We Adore You, O Christ, and Praise You

**All:** Because by Your Holy Cross You Have Redeemed the World

**Leader:** Recall how Jesus' struggle to go on increased His pain and cost Him a constantly greater loss of blood, until His strength failed a second time, and He fell upon the ground again.

**All:** O Jesus, lying prostrate again under the burden of my sins, how often have I offended You in the past? By the merits of this your second fall give me the grace to persevere and to overcome the temptations that lead me to sin

**Our Father | Hail Mary | Glory be the Father ...**

**Leader:** O Jesus Crucified for our sins

**All:** Have Mercy on us

May the souls of the faithful Departed through the mercy of God, rest in peace. Amen

**Hymn:** *So I'll cherish the old rugged cross. Till my trophies at last I lay down. I will cling to the old rugged cross and exchange it someday for a crown.*



## **Eighth Station: Jesus meets the women of Jerusalem**

**Leader:** We Adore You, O Christ, and Praise You

**All:** Because by Your Holy Cross You Have Redeemed the World

**Leader:** Recall how some holy women of Jerusalem, upon seeing Jesus stumbling along and bathed in His own blood, wept with compassion. To them Jesus said: “Do not weep for Me; weep for your children.”

**All:** O Lord Jesus, I grieve for Your sufferings, too, and for my sins which caused You to suffer. Let me mourn that I may be comforted. Let me escape the awful judgment that awaits those who reject or neglect You in this world

**Our Father | Hail Mary | Glory be the Father ...**

**Leader:** O Jesus Crucified for our sins

**All:** Have Mercy on us

May the souls of the faithful Departed through the mercy of God, rest in peace. Amen

**Ukwe:** *Bianu soro m be akwa nwoye. Lee Maria ka o na-akpo anyi. Zukobanu ka anyi be akwa. Akpogburu Jesu Nna anyi.*



## **Ninth Station: Jesus falls a third time**

**Leader:** We Adore You, O Christ, and Praise You

**All:** Because by Your Holy Cross You Have Redeemed the World

**Leader:** Jesus, arriving exhausted at the foot of Calvary, falls for the third time. His weakness was extreme and the cruelty of His executioners was excessive; they tried to hasten His steps when He hardly had strength to move.

**All:** O Lord Jesus, I pray You, by the merits of this third painful fall, to forgive my frequent falls into sin and my slowness to rise and return again to You. Let the remembrance of Your sufferings make me hate my sins more and more

**Our Father | Hail Mary | Glory be the Father ...**

**Leader:** O Jesus Crucified for our sins

**All:** Have Mercy on us

May the souls of the faithful Departed through the mercy of God, rest in peace. Amen

**Ukwe:** *Hulata, bia nyere m aka Dinwenu, Dinwenu were oso bia za mu o, bia za mu o Chukwu*



## Tenth Station: Jesus is stripped of His Garments

**Leader:** We Adore You, O Christ, and Praise You

**All:** Because by Your Holy Cross You Have Redeemed the World

**Leader:** Recall now how Jesus arrived at the place of His Crucifixion. The soldiers tore His clothes from His bleeding Body, leaving Him exposed to the cold, rude stare of the scoffing crowd.

**All:** Innocent Jesus, by Your torment in being stripped of your clothing, help me to put off every inordinate attachment to the things of earth, so that I may give all my love to You, who are all worthy of my love

**Our Father | Hail Mary | Glory be the Father ...**

**Leader:** O Jesus Crucified for our sins

**All:** Have Mercy on us

May the souls of the faithful Departed through the mercy of God, rest in peace. Amen

*Hymn: There is a green hill far away without a city wall  
Where the dear Lord was crucified, who died to save us all.  
We may not know, we can not tell, what pain He had to bear. But we believe, it was for us, He hung and suffered there*



## Eleventh Station: Jesus is nailed to the Cross

**Leader:** We Adore You, O Christ, and Praise You

**All:** Because by Your Holy Cross You Have Redeemed the World

**Leader:** Recall how Jesus lies down upon His Cross, and how He extends His arms to offer up the sacrifice of His Life for our salvation. The soldiers nail Him, hands and feet, to His gibbet. And then they raise it, leaving Him to die upon it in terrible anguish

**All:** My crucified Jesus, bind my heart to Your Cross, and let it remain there always, never again to forsake You.

**Our Father | Hail Mary | Glory be the Father ...**

**Leader:** O Jesus Crucified for our sins

**All:** Have Mercy on us

May the souls of the faithful Departed through the mercy of God, rest in peace. Amen

**Hymn:** *When I survey the wondrous cross, on which the prince of glory died, my richest gain I count but loss and pour contempt on all my pride*

## Twelfth Station: Jesus dies on the Cross



**Leader:** We Adore You, O Christ, and Praise You

**All:** Because by Your Holy Cross You Have Redeemed the World

**Leader:** Recall how Jesus agonized for three hours, dying upon the Cross. Then, overcome at last, His Body sagged limply; His head fell forward upon His chest; and He handed over His Spirit.

**All:** O Jesus, I devoutly honor that Holy Cross upon which You loved me even unto death. In Your death is all my hope. From this time forward, let me live only for You; when I come to die, let me die loving You alone.

**Our Father | Hail Mary | Glory be the Father ...**

**Leader:** O Jesus Crucified for our sins

**All:** Have Mercy on us

May the souls of the faithful Departed through the mercy of God, rest in peace. Amen

**Ukwe:** *Unu bu ndi no n'elu uwa. Nime ahuhu na mkpa. Mgbe nchekwube ji beneta. Ekpo obi wute unu.*

**Choros:** *Werenu anya na-ele Jesu, N'ebe O koro n'obe. Ogbasara unu aka. Ka O were nara unu.*



## Thirteenth Station: The body of Jesus is taken down from the cross

**Leader:** We Adore You, O Christ, and Praise You

**All:** Because by Your Holy Cross You Have Redeemed the World

**Leader:** Recall how two of His disciples, Joseph and Nicodemus, took Jesus' body down from His Cross, and how they laid Him in the arms of His stricken Mother. She received Him with tenderness, pressing Him close to her afflicted heart.

**All:** My crucified Jesus, bind my heart to Your Cross, and let it remain there always, never again to forsake You

**Our Father | Hail Mary | Glory be the Father ...**

**Leader:** O Jesus Crucified for our sins

**All:** Have Mercy on us

May the souls of the faithful Departed through the mercy of God, rest in peace. Amen

**Hymn:** *Blessed Lamb on Calvary's mountain. Slain to take our sins away; let the drops of that rich fountain, our tremendous ransom pay Sacred Savior, Sacred Savior! Lowly at thy feet we pray*

## Fourteenth Station: Jesus is laid in the tomb



**Leader:** We Adore You, O Christ, and Praise You

**All:** Because by Your Holy Cross You Have Redeemed the World

**Leader:** The Body of her dearly beloved Son is taken from His Mother and laid in the tomb. The tomb is closed, and the lifeless Body remains until the hour of its glorious Resurrection.

**All:** O Jesus, lying buried in the tomb, I reverently kiss the stone that encloses You. But on the third day, You rose in glory. By the Resurrection, call me too to rise in glory on the last day, to be forever united with You

**Our Father | Hail Mary | Glory be the Father ...**

**Leader:** O Jesus Crucified for our sins

**All:** Have Mercy on us

May the souls of the faithful Departed through the mercy of God, rest in peace. Amen

**Hymn:** *Yes, I shall arise and return to my Father.*

**To you oh Lord, I lift up my soul; in you oh my God, I place all my trust**



## Prayer to Our Lady of Sorrows

O most holy Mother, Queen of sorrows, who followed her beloved Son through all the Way of the Cross, and whose heart was pierced with a fresh sword of grief at all the stations of that most sorrowful journey, obtain for us, we beseech you, O most loving Mother a perpetual remembrance of our Blessed Savior's cross and death and a true and tender devotion to all the mysteries of his most holy passion. Obtain for us the grace to hate sin as he hated it in the agony in the garden; to endure wrong and insult with all patience as he endured them in the judgment hall; to be meek and humble in all our trials as he was before his judges; to love our enemies even as he loved his murderers, and prayed for them upon the cross; and to glorify God and to do good to our neighbor, even as he did in every mystery of his suffering. Amen.

*Hymn: God of mercy and compassion  
Look with pity upon me;  
Father, let me call thee Father,  
'tis thy child returns to thee.*

*Chorus: Jesus Lord, I ask for mercy;  
Let me not implore in vain:  
All my sins I now detest them,  
Never will I sin again*

# Concluding Prayer

## FOR POPE'S INTENTIONS:

Our Father | Hail Mary | Glory be to the Father ...

## BLESSINGS:

### Closing Hymn:

- 1. Obi nso Maria, kasi ihunanya  
Anyi na ndi muo-oma kene I nekwe**  
  
*Chorus: Ave Ave Ave Maria*
- 2. Were Obi ebere O nne nke gratia  
Na-enekwasi anya na nkpa nk'umu I.**

*This version of the Stations of the Cross is adapted from St. Alphonsus Liguori's Way of the Cross*

<https://www.shrineofdivinemeracy.org/stations-way-1>