

19th Sunday of Ordinary Time-YEAR B- August 8th, 2021

UKA NKE IRI NA ITENANI N’OGE NA-ADANYEGHI N’EMUME, AFO NKE ABUO

IHE OGUGU NKE MBU: Ihe ogugu e wetara n’ Akwukwo Mbu nke Ndi Eze (19: 4-8)

Ilaija gara ije otu ubochi n’ime ozara wee rute n’okpuru otu oke osisi na-enye ndo. O rioro ka onwu gbuo ya wee si: “Onyenwe m, ike uwa agwula m. Bia wepu ndu m n’ihi na akaghi m ndi nna nna m ochie nwuru anwu. O wee dina ala n’ukwu osisi ahu, ura eburu ya. Ma otu mmuoma biara metee ya, tiere ya iwu ka o bilie rie nri. O wee legharia anya hu ogbe achicha e ghere eghe na otu udu mmiri n’akuku ebe o hiliri isi. O bia rie nri, nuokwa mmiri, biakwa dina ala ozo. Ma otu mmuoma Onyenweanyi ahu biakwa ozo nke ugboro abuo metu ya aka si: “Ngwa kulite rie nri ka njem ghara idiri gi oke ogologo.” O wee kulite rie nri, nuokwa mmiri. Agbamume o nwetara na nri ahu ka o jiri gaa ije iri ubochi ano, ehie na abali wee rute na Horeb bu ugwu nke Chineke. **Okwu nke Oseburuwa Ekene diri Chukwu.**

ABUOMA NA AZIZA : (Az 33/34): Az: Detu Onyenweanyi onu ka I hu na O di uto.

1. Aga m agozi Onyenweanyi mgbe dum. Aga m akpu otito Ya n’onu m. Ka mkpuru obi m to be Onyenweanyi. Ndi umeala ga-anu olu m wee nuria. **Aziza.**
2. Soronu m too Onyenweanyi. Ka anyi tikotanu onu too aha Ya. Achoro m Onyenweanyi, O wee zaa m oku. O biara wepuru m ihe nile na-atu m egwu. **Aziza.**
3. Legide Ya anya ka anuri chawaputa gi n’ihu; ka ihere ghara ikpuchi gi ihu. Mgbe onye ahu no na nsogbu kpokuru Onyenweanyi, O zara ya oku. O zoputara ya na mmekpa ahu ya nile. **Aziza.**
4. Mmuoma nke Onyenweanyi gbara ndi na-asopuru Onyenweanyi gburugburu, iji gbaputa ha. Detu Onyenweanyi onu ka I hu na O di uto. **Aziza.**

IHE OGUGU NKE ABUO: Ihe ogugu e wetara n’ Akwukwo Ozi nke Pol di aso degaara ndi Efesos (4:30-5:2)

Unu emekwela ihe ga-ewute Mmuo Nso Chineke, Onye a kara unu akara Ya, ka o buru akara e ji agbaputa unu, mgbe ubochi ahu ruru. Unu eburule ibe unu iwe na onuma n’obi. Unu ewela iwe oku, ma o bu gwa onye o bula okwu n’olu ike. Unu ekwutokwala onye o bula, ma o bu kwuluo onye o bula n’udi o bula. Kama nweritanu ihunanya n’etiti onwe unu; na-enwenu obi oma na obi nro n’ahu ibe unu. Na-agbagharanu ibe unu, dika Chineke si gbaghara unu n’ime Kristi. Ebe unu bu umu Chineke huru n’anya, gbaanu mbo inomi Chineke. Soronu Kristi site n’inwe udi ihunanya ahu Kristi nwere maka unu; udi ihunanya ahu kpalitere Kristi iwere onwe Ya tinye n’onodu anyi, bia chunyerere Chineke aja nwere isi oma. **Okwu nke Oseburuwa. Ekene diri Chukwu**

ALELUYA: (Jon 8:51) - Aleluya, aleluya! Aleluya, aleluya!: Abum Achicha si n’eluigwe gbadata, Dinwenu n’ekwu, Onye o bula riri achicha ga adi ndu ebighiebi ***Aleluya!***

OZIOMA: Ihe ogugu nke a si n'Ozioma di aso nke Jon dere (6:41-51)

Ndi Juu bidoro itamu ntamu, n'ih i na Jesu kwuru si: "Abu M achicha ahu si n'eluigwe gbadata." Ha juwa si: "Onye a, o bugh i Jesu, nwa Josef? O bu na anyi amaghi nna ya na nne ya? Gini mere O ji ekwu ug bu a si: "Esi M n'eluigwe gbadata?" Jesu wee zaa ha si: "Ngwa, kwusinu ntamu ahu unu na-atamu. O dighi onye o bula nwere ike ibiakwute M kariakwa ma Nna M Onye zitere M, mere ka O biakwute M. Aga M ebilite ya n'onwu n'ubochi ikpe azu. E dere ya n'Akwukwo ndi amuma si: "Chineke ga-akuziri ha dum ihe!" Inu ihe Nna kuziri na isi na ya muru ako bu ibiakwute M. O putaghi na e nweela mmadu nkiti jirila anya nkiti hu Nna, kariakwa Onye ahu si na Chineke bia. O jila anya Ya hu Nna. N'igwa unu ezi okwu: Onye o bula kwerenu nwere ndu ebighi ebi. Abu M achicha nke ndu. Nna unu ha riri achicha ocha (mana) n'ime ozara. Ma ha anwuola. Ma nke a bu achicha ahu si n'eluigwe gbadata, nke o ga-abu, onye rie ya, o gaghi anwu anwu. Abu M achicha di ndu nke si n'eluigwe gbadata. Onye obula riri achicha nke a ga-adi ndu ebighi ebi. Achicha ahu M ga-enye bu anu ahu M, maka ndu nke uwa." **Ozioma nke Oseburuwa Otito diri Gi, Kristi.**

English

First reading: A reading from First Book of Kings (19: 4-8)

Elijah went a day's journey into the desert, until he came to a broom tree and sat beneath it. He prayed for death, saying: "This is enough, O LORD! Take my life, for I am no better than my fathers." He lay down and fell asleep under the broom tree, but then an angel touched him and ordered him to get up and eat. Elijah looked and there at his head was a hearth cake and a jug of water. After he ate and drank, he lay down again, but the angel of the LORD came back a second time, touched him, and ordered, "Get up and eat, else the journey will be too long for you!" He got up, ate, and drank; then strengthened by that food, he walked forty days and forty nights to the mountain of God, Horeb. *The Word of the Lord- Thanks be to God.*

Responsorial Psalm (Ps. 33/34)

Response- Taste and see the goodness of the Lord.

1. I will bless the LORD at all times; his praise shall be ever in my mouth. Let my soul glory in the LORD; the lowly will hear me and be glad. **R. Taste and see the goodness of the Lord.**
2. Glorify the LORD with me, let us together extol his name. I sought the LORD, and he answered me and delivered me from all my fears. **R. Taste and see the goodness of the Lord.**
3. Look to him that you may be radiant with joy, and your faces may not blush with shame. When the afflicted man called out, the LORD heard, and from all his distress he saved him. **R. Taste and see the goodness of the Lord.**
4. The angel of the LORD encamps around those who fear him and delivers them. Taste and see how good the LORD is; blessed the man who takes refuge in him. **R. Taste and see the goodness of the Lord.**

Second reading: A Reading from the Second Letter of St. Paul to Ephesians (4:30-5:2)

Brothers and sisters: Do not grieve the Holy Spirit of God, with which you were sealed for the day of redemption. All bitterness, fury, anger, shouting, and reviling must be removed from you, along with all malice. And be kind to one another, compassionate, forgiving one another as God has forgiven you in Christ. So be imitators of God, as beloved children, and live in love, as Christ loved us and handed himself over for us as a sacrificial offering to God for a fragrant aroma. *The Word of the Lord: Thanks be God*

ALELUYA (John 8: 51) : Alleluia, alleluia

I am the living bread that came down from heaven, says the Lord; whoever eats this bread will live forever. *Alleluia, alleluia.*

Gospel: A reading from the Holy Gospel according to John (6:41-51)

The Jews murmured about Jesus because he said, "I am the bread that came down from heaven," and they said, "Is this not Jesus, the son of Joseph? Do we not know his father and mother? Then how can he say, 'I have come down from heaven'?" Jesus answered and said to them, "Stop murmuring among yourselves. No one can come to me unless the Father who sent me draw him, and I will raise him on the last day. It is written in the prophets: They shall all be taught by God. Everyone who listens to my Father and learns from him comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Amen, amen, I say to you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the desert, but they died; this is the bread that comes down from heaven so that one may eat it and not die. I am the living bread that came down from heaven; whoever eats this bread will live forever; and the bread that I will give is my flesh for the life of the world." *The Gospel of the Lord- Praise be to you Lord Jesus Christ.*