



NICCSJ 2026 Novena to Our Lady of Lourdes **(God's Special Healing Novena)**

On February 11, 1858, the Blessed Virgin Mary appeared to 14-year-old Bernadette Soubirous in a grotto in Lourdes, France. By July 16, five months later, Mary had appeared 18 times and had declared herself to be the Immaculate Conception. During one apparition, the Blessed Virgin told Bernadette to drink from a fountain of water, which suddenly appeared. For over a century and a half, pilgrims to Lourdes have been miraculously healed by contact with this fountain's waters. This Novena to Our Lady of Lourdes can be prayed at any time, but it is especially appropriate in the days before February 11, the Feast of Our Lady of Lourdes, which is also the World Day of the Sick. Trusting confidently in the intercessions of our Blessed Mother Mary- Health of the Sick, let us pray this Novena with our intentions, devotion, and attention. Amen

Tuesday February 3rd to Wednesday February 11th, 2026

8.00PM Daily- through Community Zoom- <https://us02web.zoom.us/my/niccsj>, 1D-9206647431, Passcode- 424258.

Steps:

1. **Begin-** In the name of the Father, And of the Son, And of the Holy Spirt. Amen
2. Pray the prayer for a particular day (like Day 1 or Day 2...)
3. Mention the intentions:
 - a. Thanksgiving to God for all our answered prayers
 - b. For Marital Blessings and Job Opportunities for all our young adults & young professionals
 - c. For vocations to priestly and religious life from our Igbo Community
 - d. For families praying for the blessings of the fruits of the womb
 - e. For peace, security, and respect for human life in our home country Nigeria, especially in the Igbo Land
 - f. For God's guidance, wisdom, & strength on our newly elected executives.
 - g. Peace & Progress for all the Igbo Catholic Communities, especially the Igbo Catholic Communities of the Bay Area
 - h. For God's protection & healing on all of us and for those who are sick, especially Chief Adolph Obilor & Chief Goddy Duru.
 - i. For deceased members of our families, especially Sir Ernest Nkwocha, and all the names in our virtual book of remembrance & for God's consolation & strength on all the bereaved families.
 - j. For other private intentions
4. Pray the Divine Mercy Chaplet & other prayers (Monday-Friday), & Rosary & other prayers (Saturdays & Sundays).
5. Pray the Daily Prayer for Priests
6. Pray the Prayer for the Family
7. Prayer to St. Michael the Archangel
8. Pray the Prayer for the Sick
9. Conclusion

General Opening Prayer

Be blessed, O most pure Virgin, for having vouchsafed to manifest your shining with life, sweetness and beauty, in the Grotto of Lourdes, saying to the child, St. Bernadette: "I am the Immaculate Conception." A thousand times we congratulate you upon your Immaculate Conception. And now, O ever Immaculate Virgin, Mother of mercy, Health of the sick, Refuge of sinners, Comforter of the afflicted, you know our wants, our troubles, our sufferings; deign to cast upon us a look of mercy. By appearing in the Grotto of Lourdes, you were pleased to make it a privileged sanctuary, whence you dispense your favors, and already many have obtained the cure of their infirmities, both spiritual and physical. We come, therefore, with the most unbounded confidence to implore your maternal intercession. Obtain for us, O loving Mother, the granting of our request.

DAY ONE: Tuesday, February 3rd, 2026

O Mary Immaculate, Our Lady of Lourdes, Virgin and Mother, Queen of Heaven, chosen from all eternity to be the Mother of the Eternal Word and in virtue of this title preserved from original sin, we pray before you as did little Bernadette at Lourdes and pray with childlike trust in you that as we contemplate your glorious appearance at Lourdes, you will look with mercy on our present petition and secure for us a favorable answer to the request for which we are making this novena... *Intentions*

DAY TWO: Wednesday, February 4th, 2026

Be blessed, O most pure Virgin, for having vouchsafed to manifest yourself shining with light, sweetness and beauty, in the Grotto of Lourdes, saying to the child Saint Bernadette: "I am the Immaculate Conception!" O Mary Immaculate, inflame our hearts with one ray of the burning love of your pure heart. Let them be consumed with love for Jesus and for you, in order that we may merit one day to enjoy your glorious eternity. O dispenser of His graces here below, take into your keeping and present to your Divine Son the petition for which we are making this novena. *Intentions*....

DAY THREE: Thursday, February 5th, 2026

"You are all fair, O Mary, and there is in you no stain of original sin." "O Mary, conceived without sin, pray for us who have recourse to thee." O brilliant star of sanctity, as on that lovely day, upon a rough rock in Lourdes you spoke to the child Bernadette and a fountain broke from the plain earth and miracles happened and the great shrine of Lourdes began, so now hear our fervent prayer and grant us, we beseech you, the petition we so earnestly seek...*Intentions*

DAY FOUR: Friday, February 6th, 2026

O Immaculate Queen of Heaven, we your wayward, erring children, join our unworthy prayers of praise and thanksgiving to those of the angels and saints and to your own, that the One, Holy, and Undivided Trinity may be glorified in heaven and on earth. Our Lady of Lourdes, as you looked down with love and mercy upon Bernadette as she prayed her rosary in the Grotto, look down now, we beseech you, with love and mercy upon us. From the abundance of graces granted you by your Divine Son, sweet Mother of God, give to each of us all that your motherly heart sees we need and at this moment look with special favor on the grace we seek in this novena...*Intentions*

DAY FIVE: Saturday, February 7th, 2026

O Mary Immaculate, Mother of God and our mother, from the heights of your dignity look down mercifully upon us while we, full of confidence in your unbounded goodness and confident that your Divine Son will look favorably upon any request you make of Him in our behalf, we beseech you to come to our aid and secure for us the favor we seek in this novena...*Intentions*

DAY SIX: Sunday, February 8th, 2026

O glorious Mother of God, so powerful under your special title of Our Lady of Lourdes, to you we raise our hearts and hands to implore your powerful intercession in obtaining from the benign Heart of Jesus all the helps and graces necessary for our spiritual and temporal welfare and for the special favor we so earnestly seek in this novena. *Intentions....*

DAY SEVEN: Monday, February 9th, 2025

O Almighty God, Who by the Immaculate Conception of the Blessed Virgin Mary did prepare a worthy dwelling place for Your Son, we humbly beseech You that as we contemplate the apparition of Our Lady in the Grotto of Lourdes, we may be blessed with health of mind and body. O most gracious Mother Mary, beloved Mother of Our Lord and Redeemer, look with favor upon us as you did that day on Bernadette and intercede with Him for us that the favor we now so earnestly seek may be granted to us....*Intentions*

DAY EIGHT: Tuesday, February 10th, 2026

O Immaculate Mother of God, from heaven itself you came to appear to the little Bernadette in the rough Grotto of Lourdes. As Bernadette knelt at your feet and the miraculous spring burst forth from the earth, as multitudes have knelt ever since before your shrine, O Mother of God, we kneel before you today to ask that in your mercy you plead with your Divine Son to grant the special favor we seek in this novena *Intentions....*

DAY NINE: Wednesday, February 11th, 2026

O glorious Mother of God, to you we raise our hearts and hands to implore your powerful intercession in obtaining from the benign Heart of Jesus all the graces necessary for our spiritual and temporal welfare, particularly for the grace of a happy death. O Mother of our Divine Lord, as we conclude this novena for the special favor we seek at this time . . . *Intentions*

Novena Prayers adapted from <https://americaneedsfatima.org/Our-Blessed-Mother/novena-to-our-lady-of-lourdes.html#Day%20One> & <https://www.learnreligions.com/our-lady-of-lourdes-novena-4046135>

The Daily Prayer for Priests by St. Therese of the Child Jesus (St. Therese of Lisieux)



O Jesus, we pray for your faithful and fervent priests;
For your unfaithful and tepid priests;
For your priests laboring at home or abroad in distant mission fields.
For your tempted priests; for your lonely and desolate priests;
For your old and young priests; for your dying priests;
For the souls of your priests in Purgatory.
But above all, we recommend to you the priests dearest to us:
the priests who baptized us; the priests who absolved us from our sins; the priests
at whose Masses we participated and who gave us Your Body and Blood in Holy Communion;
the priests who taught and instructed us; all the priests to whom we are indebted in any other
way. O Jesus, keep them all close to your heart and bless them abundantly in time and in
eternity. Amen.

Prayer for the Family

Heavenly Father, most good and gracious God sustain our family in your love. Make it a place where holiness can abound. Aid our family to imitate the Holy Family of Jesus, Mary, and Joseph. Help us to learn from the good example of others and to give good examples to others. Assist us in learning to bear our pain and suffering as Jesus did. Aid us in overcoming difficulties and carry our crosses. Help our family life to lead only to Jesus, the source of true happiness. Please give wholesome habits to our family. We ask this through Christ our Lord. Amen



Prayer to Saint Michael the Archangel.

Saint Michael the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil; May God rebuke him, we humbly pray; And do thou, O Prince of the Heavenly Host, by the power of God, thrust into hell Satan and all evil spirits who wander through the world for the ruin of souls. Amen



Prayer For the Sick

O God of the heavenly virtues, who from the bodies of men and women drives forth all sickness and all infirmities by the power of thy word: draw graciously upon all our brothers and sisters who are sick that with weakness put to flight and health and strength continually renewed, they will continue to bless your holy name. We ask this through Christ our Lord. Amen.

O Mary health of the Sick- Pray for us

O Mary help of Christians- Pray for us

O Mary Comforter of the afflicted- Pray for us



Conclusion

We fly to your patronage, O holy Mother of God; despise not our petitions in our necessities, but deliver us always from all dangers, O glorious and blessed Virgin. Amen.

In the Name of the Father, and of the Son, and of the Holy Spirit. Amen

