NICCSJ 2026 Novena to Mother of Perpetual Help

(To be led by the Clergy & Religious)



The image of Mother of Perpetual Help or Our Lady of Perpetual Help is a Byzantine icon that is believed to have its origin sometime during the 13th - 15th century. Over the centuries, countless healings and special graces have been attributed to Mother of Perpetual Help, so much so that the image has been honored and venerated by many Popes. Our Lady of Perpetual Help has been venerated across many cultures and thus bears several titles in different languages. In the image, in addition to Mary, the picture represents her divine Son as a child of two or three years old, seated on his mother's left hand, with his hands clasping her right hand. On both sides are the angels Michael and Gabriel, bearing the instruments of the Passion. Praying the Novena to Our Lady of Perpetual Help has been an age-long practice through which Catholics have received miraculous answers to their prayers through the powerful intercessions of our Mother Mary. Let us pray this Novena with our intentions, devotion, and attention. Amen

Tuesday, November 10th – Wednesday, November 18th, 2026

8.00PM Daily- through Community Zoom- **https://us02web.zoom.us/my/niccsj**, 1D- **9206647431**, Passcode- **424258.**

Steps:

1. **Begin-** In the name of the Father, And of the Son, And of the Holy Spirt. Amen
2. Pray the General Opening Prayer & Prayer for a particular day (like Day 1 as below)
3. Mention the intentions:
    - **a.** Thanksgiving to God for all our answered prayers
    - b. For the intentions of all the Clergies and Religious of our community
    - **c.** For Marital Blessings and Job Opportunities for all our young adults & professionals.
    - **d.** For the blessings of the fruit of the womb for families praying for the fruits of the womb.
    - **e.** For peace, security, and respect for human life in our home country Nigeria, especially in the Igbo Land
    - **f.** Peace & Progress for all the Igbo Catholic Communities, especially the Igbo Catholic Communities of Bay Area
    - **g.** For God's protection & healing on all of us and for those who are sick, especially Chief Charles Ndekwe, Chief Adolph Obilor, & Chief Goddy Duru.
    - **h.** For the deceased members of our families, especially Mrs. Christiana Ugwu, Ugoeze Victoria Okwuchi, Ezinne Maria Ukamaka Ochin, and all the names in our virtual book of remembrance & for God's consolation & strength on all the bereaved families.
    - **i.** For other private intentions
4. Pray the Divine Mercy
5. Prayer- Daily Prayer for Priests
6. Prayer for the family
7. Pray the Prayer for St. Michael the Archangel
8. Pray the Prayer for the Sick
9. Conclusion
10. Pray with the Book of Remembrance- Saturdays & Sundays

DAY ONE: Tuesday, November 10th

Oh Mother of Perpetual Help, grant that we may ever invoke your powerful name, the protection of the living and the salvation of the dying. Purest Mary, let your name henceforth be ever on our lips. Delay not, Blessed Lady, to rescue us whenever we call on you. In our temptations, in our needs, we will never cease to call on you, ever repeating your sacred name, Mary, Mary. What a consolation, what sweetness, what confidence fills our soul when we utter your sacred name or even only think of you! We thank the Lord for having given you so sweet, so powerful, so lovely a name. But we will not be content with merely uttering your name. Let our love for you prompt us ever to hail you Mother of Perpetual Help. Mother of Perpetual Help, pray for us and grant us the favor we confidently ask of you. ***Intentions:***

DAY TWO Wednesday, November 11th

Oh Mother of Perpetual Help, grant that we may ever invoke your powerful name, the protection of the living and the salvation of the dying. Purest Mary, let your name henceforth be ever on our lips. Delay not, Blessed Lady, to rescue us whenever we call on you. In our temptations, in our needs, we will never cease to call on you, ever repeating your sacred name, Mary, Mary. What a consolation, what sweetness, what confidence fills our soul when we utter your sacred name or even only think of you! We thank the Lord for having given you so sweet, so powerful, so lovely a name. But we will not be content with merely uttering your name. Let our love for you prompt us ever to hail you Mother of Perpetual Help. Mother of Perpetual Help, pray for us and grant us the favor we confidently ask of you. ***Intentions:***

DAY THREE: Thursday, November 12th

Oh Mother of Perpetual Help, grant that we may ever invoke your powerful name, the protection of the living and the salvation of the dying. Purest Mary, let your name henceforth be ever on our lips. Delay not, Blessed Lady, to rescue us whenever we call on you. In our temptations, in our needs, we will never cease to call on you, ever repeating your sacred name, Mary, Mary. What a consolation, what sweetness, what confidence fills our soul when we utter your sacred name or even only think of you! We thank the Lord for having given you so sweet, so powerful, so lovely a name. But we will not be content with merely uttering your name. Let our love for you prompt us ever to hail you Mother of Perpetual Help. Mother of Perpetual Help, pray for us and grant us the favor we confidently ask of you. ***Intentions:***

DAY FOUR: Friday, November 13th

Oh Mother of Perpetual Help, grant that we may ever invoke your powerful name, the protection of the living and the salvation of the dying. Purest Mary, let your name henceforth be ever on our lips. Delay not, Blessed Lady, to rescue us whenever we call on you. In our temptations, in our needs, we will never cease to call on you, ever repeating your sacred name, Mary, Mary. What a consolation, what sweetness, what confidence fills our soul when we utter your sacred name or even only think of you! We thank the Lord for having given you so sweet, so powerful, so lovely a name. But we will not be content with merely uttering your name. Let our love for you prompt us ever to hail you Mother of Perpetual Help. Mother of Perpetual Help, pray for us and grant us the favor we confidently ask of you. ***Intentions:***

DAY FIVE: Saturday, November 14th

Oh Mother of Perpetual Help, grant that we may ever invoke your powerful name, the protection of the living and the salvation of the dying. Purest Mary, let your name henceforth be ever on our lips. Delay not, Blessed Lady, to rescue us whenever we call on you. In our temptations, in our needs, we will never cease to call on you, ever repeating your sacred name, Mary, Mary. What a consolation, what sweetness, what confidence fills our soul when we utter your sacred name or even only think of you! We thank the Lord for having given you so sweet, so powerful, so lovely a name. But we will not be content with merely uttering your name. Let our love for you prompt us ever to hail you Mother of Perpetual Help. Mother of Perpetual Help, pray for us and grant us the favor we confidently ask of you. ***Intentions:***

DAY SIX: Sunday, November 15th

Oh Mother of Perpetual Help, grant that we may ever invoke your powerful name, the protection of the living and the salvation of the dying. Purest Mary, let your name henceforth be ever on our lips. Delay not, Blessed Lady, to rescue us whenever we call on you. In our temptations, in our needs, we will never cease to call on you, ever repeating your sacred name, Mary, Mary. What a consolation, what sweetness, what confidence fills our soul when we utter your sacred name or even only think of you! We thank the Lord for having given you so sweet, so powerful, so lovely a name. But we will not be content with merely uttering your name. Let our love for you prompt us ever to hail you Mother of Perpetual Help. Mother of Perpetual Help, pray for us and grant us the favor we confidently ask of you. ***Intentions:***

DAY SEVEN: Monday, November 16th

Oh Mother of Perpetual Help, grant that we may ever invoke your powerful name, the protection of the living and the salvation of the dying. Purest Mary, let your name henceforth be ever on our lips. Delay not, Blessed Lady, to rescue us whenever we call on you. In our temptations, in our needs, we will never cease to call on you, ever repeating your sacred name, Mary, Mary. What a consolation, what sweetness, what confidence fills our soul when we utter your sacred name or even only think of you! We thank the Lord for having given you so sweet, so powerful, so lovely a name. But we will not be content with merely uttering your name. Let our love for you prompt us ever to hail you Mother of Perpetual Help. Mother of Perpetual Help, pray for us and grant us the favor we confidently ask of you. ***Intentions:***

DAY EIGHT: Tuesday, November 17th

Oh Mother of Perpetual Help, grant that we may ever invoke your powerful name, the protection of the living and the salvation of the dying. Purest Mary, let your name henceforth be ever on our lips. Delay not, Blessed Lady, to rescue us whenever we call on you. In our temptations, in our needs, we will never cease to call on you, ever repeating your sacred name, Mary, Mary. What a consolation, what sweetness, what confidence fills our soul when we utter your sacred name or even only think of you! We thank the Lord for having given you so sweet, so powerful, so lovely a name. But we will not be content with merely uttering your name. Let our love for you prompt us ever to hail you Mother of Perpetual Help. Mother of Perpetual Help, pray for us and grant us the favor we confidently ask of you. ***Intentions:***

DAY NINE: Wednesday, November 18th

Oh Mother of Perpetual Help, grant that we may ever invoke your powerful name, the protection of the living and the salvation of the dying. Purest Mary, let your name henceforth be ever on our lips. Delay not, Blessed Lady, to rescue us whenever we call on you. In our temptations, in our needs, we will never cease to call on you, ever repeating your sacred name, Mary, Mary. What a consolation, what sweetness, what confidence fills our soul when we utter your sacred name or

even only think of you! We thank the Lord for having given you so sweet, so powerful, so lovely a name. But we will not be content with merely uttering your name. Let our love for you prompt us ever to hail you Mother of Perpetual Help. Mother of Perpetual Help, pray for us and grant us the favor we confidently ask of you. ***Intentions:***
Novena Prayers adapted from ***https://novenaprayer.com/mother-of-perpetual-help-novena/***



The Daily Prayer for Priests by St. Therese of the Child Jesus (St. Therese of Lisieux)

O Jesus, we pray for your faithful and fervent priests;
For your unfaithful and tepid priests;
For your priests laboring at home or abroad in distant mission fields.
For your tempted priests; for your lonely and desolate priests;
For your old and young priests; for your dying priests;
For the souls of your priests in Purgatory.
But above all, we recommend to you the priests dearest to us:
the priests who baptized us; the priests who absolved us from our sins; the priests at whose Masses we participated and who gave us Your Body and Blood in Holy Communion; the priests who taught and instructed us; all the priests to whom we are indebted in any other way. O Jesus, keep them all close to your heart and bless them abundantly in time and in eternity. Amen.

Prayer for the Family

Heavenly Father, most good and gracious God sustain our family in your love. Make it a place where holiness can abound. Help us to learn to be like Jesus in all our actions. Aid our family to imitate the Holy Family of Jesus, Mary, and Joseph. Help us to learn from the good example of others and to give good examples to others. Assist us in learning to bear our pain and suffering as Jesus did. Aid us in overcoming difficulties and carry our crosses. Help our family life to lead only to Jesus, the source of true happiness. Please give wholesome habits to our family. We ask this through Christ our Lord. Amen.



Prayer to Saint Michael the Archangel.



Saint Michael the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil; May God rebuke him, we humbly pray; And do thou, O Prince of the Heavenly Host, by the power of God, thrust into hell Satan and all evil spirits who wander through the world for the ruin of souls. Amen

Prayer For the Sick



O God of the heavenly virtues, who from the bodies of men and women drives forth all sickness and all infirmities by the power of thy word: draw graciously upon all our brothers and sisters who are sick that with weakness put to flight and health and strength continually renewed, they will continue to bless your holy name. We ask this through Christ our Lord. Amen.

O Mary health of the Sick- Pray for us
O Mary help of Christians- Pray for us
O Mary Comforter of the afflicted- Pray for us

Conclusion

We fly to your patronage, O holy Mother of God; despise not our petitions in our necessities, but deliver us always from all dangers, O glorious and blessed Virgin. Amen.

In the Name of the Father, and of the Son, and of the Holy Spirit. Amen

